



**Oxford County Suicide Prevention Team**  
 PREVENTION, INTERVENTION, POSTVENTION

**Oxford County Suicide Prevention Team Meeting**

**January 29, 2020, 0930-1130hrs**

**LOCATION:** Wellkin Group Room

**PRESENT:** Julie Robinson (LHIN), Nicole Deagle (CSC Providence), Candice Langdon (Indwell), Ron Bailey (Community Member), Karla (Wellkin), Jenilee (OCCHC), Emma Blake (Woodstock Hospital), Rebecca Wallace (SW Public Health),

**REGRETS:** Tammy MacDonald (Oxford County), Alyson Cunningham (TVFHT), Jennifer Lester (LDCSB), Josh (Oxford-ACTT), Sarah Aalbers (CMHA-Oxford), Melanie Ferdinand (TVDSB)

**Unsure:** Cindy Gale (Community Member), unsure if CAS is replacing Nancy C, BBBS, DASO

**RECORDER:** Jenilee

Agenda Items	Discussion	Responsibility	Action
<b>Welcome &amp; Introductions</b>	<ul style="list-style-type: none"> <li>Roundtable</li> </ul>		
<b>Approval of the Minutes</b>	Nicole D motioned for the November 2019 minutes to be approved. Ron seconded the motion. Minutes approved.		
Candice-Son's petition	<ul style="list-style-type: none"> <li>Preston is petitioning that youth be able to attend Navy Vet Friday night games for free</li> <li>Price was \$8 now is \$6, this is still a financial barrier for some</li> </ul>		-if you'd like to sign the petition, connect with Candice at <a href="mailto:clangdon@indwell.ca">clangdon@indwell.ca</a>
<b>Task Group Updates</b>  <i>Safe Places and Spaces-10 pillars document</i> <i>Safety Plan</i> <i>Marketing</i> <i>Data Collection</i>	<b>Safe Spaces-10 Pillars Document</b> <ul style="list-style-type: none"> <li>Livingworks (ASIST, safeTALK company) developed this 10 pillars framework to become designated suicide safer community</li> <li>Task group would like to now bring the document back to the team to work on each pillar at Team meetings</li> <li>Leadership and community needs (1 and 2) were looked at last meeting</li> <li>mental health and promotion pillar today: needs themes of 1. Basic needs 2. Recreation, 3. Physical health, 4. Mental health and addiction services, etc (based on Community Asset map created by Karla); we need to add services/spaces for 21+ (seniors)</li> <li>next step/best practices: Housing Coalition: look at</li> </ul>		<b>Safe spaces:</b> <b>Karla will share the asset map with co-chairs and team will add seniors programs</b>  <b>Nicole will update the pillars document with today's work and send it to co-chairs to share with the team; Team will continue work on pillars at next meeting</b>

best practices of shelters and compare to current The Inn (out of the cold); what are the alternatives for “not shelter appropriate” folks; access to safe spaces; integration of services; community engagement (what are those who are affected saying); sustain funding for Housing Stability Team (located at OCCHC)

- we recognize that, in time, the “next steps/best practice” portion will need to be taken to other committees (Housing Coalition, “ODAC” pillars, etc to engage them in creating a suicide safer Oxford as their work is part of becoming a designated Suicide Safer Community via LivingWorks

**Safety Planning Group**

- How are going to share the safety plan with the community?
- Wellkin is hosting risk assessment and safety planning for youth in crisis training between now and April
- How will this training affect the safety plan created by this team?
- Create a video about where the safety plan came from and the work the team did to create it (ie: community engagement, youth voice, etc.) and where to get copies of it-video could be posted to website (via youtube)
- Medical officer of health sends out monthly updates to all physicians in Oxford and Elgin—may be helpful in future for getting information out to large number of people

**Marketing/Website Feedback**

- Team took quick peek through website together
- Site has been emailed to team and feedback will be sent back to co-chairs for changes to be made

**Data Collection**

**Safety Planning:**

**Safety plan group will create one pager about history of safety plan creation, what resources were used to create it, and who we’re hoping will use it (this text could be used to inform the creation of a video) and send this to co-chairs**

**Safety plan to go to OMHAN along with one pager (mentioned above)**

**Karla will find out how Wellkin’s hosting training aligns with the OCSPT safety plan/framework and inform co-chairs**

**Julie has connected with Dr. Sukhera (facilitating Wellkin hosted training) for phone call about OCSPT safety planning/framework and how the Wellkin training and OCSPT created safety plan can/cannot work together**

**Marketing/website feedback:  
Reword REACH OUT sections to create less visual confusion**

**from: call REACH OUT 24/7 1-866-933-2023**

**To: Call REACH OUT our 24/7 crisis line at 1-866-933-2023**

**Resources page: REACHOUT needs a space between the words**

	<ul style="list-style-type: none"> <li>• This group doesn't have enough people anymore</li> <li>• We will review, during next meetings updating of task groups, whether this task group is a good use of OCSPT resources at this time</li> </ul> <p><b>Updating task groups from 2019 and 2020: deferred to next meeting due to lack of numbers at meeting and need for MOU to be moved forward to find out commitments from partners to OCSPT</b></p> <ul style="list-style-type: none"> <li>• When we're looking at 2020 tasks groups, lets ensure we're not overlapping other work in the community</li> </ul>		<p><b>Resources Page add: See Partners Page for additional Community Resource information</b></p> <p><b>Partners Page add: Click on partner's name for more information about their services and resources</b></p> <p><b>**Partner's Page: ADMIN make sure websites are linked to partner's names</b></p> <p><b>Emma will send out reminder of all meeting dates to internal list/team; last Wednesday of every other month, except June, July, Aug we'll meet monthly to prep for suicide prevention event</b></p> <p><b>Emma and Jenilee will follow up with agencies who haven't been to several meetings re: commitment to team/MOU</b></p> <p><b>MOU to OMHAN IS A MUST!!! We've been trying but need it done STAT!</b></p>
<p><b>Next Meeting</b></p>	<ul style="list-style-type: none"> <li>• Visit current task groups, who is sitting on groups, do people want to move groups, where do we need additional people to sit</li> <li>• Continue with 10 pillar work</li> </ul>		
<p><b>Round Table Updates (time permitting)</b></p>	<ul style="list-style-type: none"> <li>• Julie and Candice facilitated first Strengthening Families group. Attendance and participation were great!</li> <li>• Nourish Your True Self: Professional Services for Disordered Eating: fee for service, opening in Wdsk on Feb 6 at 513 Dundas St for more information email <a href="mailto:nourishyourtrueself@gmail.com">nourishyourtrueself@gmail.com</a></li> </ul>		

	<ul style="list-style-type: none"><li>• CMHA will be closing Tavistock location of walk in counselling at the end of the month</li><li>• Karla Wellkin is going on mat leave, Wellkin currently interviewing for her mat leave replacements. Congrats Karla!</li></ul>		
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**Next meeting:** March 25, 2020 from 0930-1130

**Location:** Wellkin Boardroom