



Oxford County Suicide Prevention Team
 PREVENTION, INTERVENTION, POSTVENTION

Oxford County Suicide Prevention Team Meeting

November 27, 2019, 0930-1130hrs

LOCATION: Wellkin Boardroom

PRESENT: Julie Robinson (LHIN), Nicole Deagle (CSC Providence), Candice Langdon (Indwell), Ron Bailey (Community Member), Melanie Ferdinand (TVDSB), Karla (Wellkin), Sarah Aalbers (CMHA-Oxford), Cindy Gale (Community Member), Jenilee (OCCHC), Emma Blake (Woodstock Hospital), Rebecca Wallace (SW Public Health), Josh (Oxford-ACTT)

REGRETS: Tammy MacDonald (Oxford County), Nicole Bruder (Smith LeRoy), Alyson Cunningham (TVFHT), Jennifer Lester (LDCSB)

RECORDER: Emma Blake

Agenda Items	Discussion	Responsibility	Action
Welcome & Introductions	Cindy wanted to be added to the agenda.		
Approval of the Minutes	Nicole D motioned for the September 2019 minutes to be approved. Karla seconded the motion. Minutes approved.		
Website Update	<ul style="list-style-type: none"> Jenilee and Emma met with Kristen Jerry last week to finalize some details about the website. The website was Demoed for the group. There will be a Resource page added to the website Ron provided feedback regarding adding an “Announcement” page (ie. Welcoming someone new to the group) Cindy-asked if we have a Mission Statement Nicole provided feedback regarding adding a link on “How can I get Involved?” Feedback—is there a disclaimer we can put on the website that we are not a crisis service? 		<p>Chairs to send out link to internal team to review</p> <p>Internal team to send out reminders for agency images</p> <p>Follow up with Kristen RE: feedback provided from group in discussion</p>
Task Group Updates Safe Places and Spaces-10 pillars document Safety Plan Marketing	<p>Safe Places and Spaces-10 pillars document</p> <ul style="list-style-type: none"> These pillars come from Living Works. In order to be designated a Suicide Safe Community, we need to make sure we work through the 10 Pillars. The hope is that we, as an internal team, can work through 1-2 pillars per meeting 		<p>Send out Public Health links to reports? Can we add the reports to the OCSPT website?</p> <p>Safety Plan Task Group: to focus now on what a training/presentation</p>

<p>Data Collection</p>	<ul style="list-style-type: none"> • Pillar 1: discussed the current state. SPOLC, although never announced it, has dissolved. OHMAN is now the working group of leaders. The Postvention Protocol was adopted by OTER (formally CATER). OTER may not be absorbed by The Situation Table, with using the postvention protocol to help guide best practices. • Nicole asked who would be the best group listed as the Current State (as only 1 is typically listed). • OMHAN was discussed, but the OCSPT is the one who drives the direction and goals of the strategies. Let's list OCSPT • Nicole then asked to look at "Next Steps/Best Practices"---is what is written makes sense? • Jenilee said it might be a catch 22 because we had a large membership and some have dropped off. • Julie also looked at step 1 and 2 together, noting that it might not just be meaningful from the individuals attending, but perhaps also not supported by upper management to dedicate the time. • Ron asked about inclusion of primary care • Julie asked if OMHAN is informed of the 10 pillars • Sarah said that maybe that's the next step in pillar 1 would be to solidify the MOU with OMHAN and get them onboard to leading us • Discussion of what agencies sit on OMHAN. • Melanie—how do you develop a suicide safe community? It's about getting all the different groups and tables on the same page. The groups are working in silos. Could 1 or 2 next steps be able to identify all the various groups that have a suicide prevention lens and perhaps set a goal to address Pillar 1? • Nicole is taking our feedback and will update the document and take it back to the Working Group. <p>Safety Plan</p> <ul style="list-style-type: none"> • We have the Pathways Document and it's on the back of the card. 		<p>might look like to take it to agencies</p>
-------------------------------	--	--	--

	<ul style="list-style-type: none"> • Karla spoke with the YAG (Youth Advisory Group) to discuss safety planning • Group was wondering—how we can reach out to do some education to various agencies about how the safety plan is community informed and how to implement it. • Jenilee—the plan was to, once the MOU was signed with OMHAN, that we can take it to OMHAN and then ask when we can schedule times to go into all those agencies, provide the shared/community safety plan, and how to implement it moving forward. Task Group: can you focus now on what this training/presentation might look like to take it to agencies? • Ron identified a potential gap: that calling 911 RE: your safety plan may not connect you with a local dispatcher. • Julie recommended—when talking to OMHAN—sell it to them as a “one record” approach similar to the OHTs. <p>Marketing</p> <ul style="list-style-type: none"> • Website discussed already • Tri-fold board in process of being reprinted. Ron asked if it would work to sandwich the board between plexiglass, if it doesn’t work out. <p>Data Collection</p> <ul style="list-style-type: none"> • Public Health has been working at a lot of reports. • Healthy Minds Report • Discussion related to what we will post on the website. We don’t want the content to be triggering. 		
<p>Survivor Loss Event</p>	<p>A note from Nicole Bruder (Smith LeRoy): <i>“There were 85 participants. It was a beautiful service. The Weeping Willows shared their time and beautiful voices with us. 2 trees were lit and will remain at Smith-Leroy for the Christmas season. Most of the participants did the walk. Treats and refreshments were enjoyed after the walk. We had</i></p>		

	<p><i>great support from our community and our sponsors. The message we tried to convey is that people are never alone. I think we did that. Thank you to everyone who attended and those from the committee that helped make it possible.”</i></p> <ul style="list-style-type: none"> • Jenilee also explained to the team that Jenilee and Emma met with Vicki Travnicek (Survivor Loss Group), about whether they can become a member of the OCSPT. We’re not sure at this time if they’ll be able to commit, so we will continue to look at how we can support them but we also don’t want to devalue or minimize the work that the team did to help with planning. • Community members thankful for the event. 		
Budget Update	<ul style="list-style-type: none"> • Jenilee shared our Budget \$5369. We’ve never had money independently before. • Julie discussed the Oxford Holiday Sharing Guide. 		Jenilee to blast our Holiday Sharing Guide to the Team
Cindy	<ul style="list-style-type: none"> • Cindy asked if we can do a round table introduction every time we start meetings. Jenilee apologized as we usually do, but didn’t today. • Cindy recently completed SafeTalk. However, she’s not sure who sits around the table and who she can send people to that are ASIST trained. • Cindy also communicated that she is frustrated with lack of services for youth and also for youth who have been bullied. • Cindy shared share concerns from parents. • As a parent, Cindy is trying to connect with parents. • Concerns that it’s a different world and kids are being bullied in very different ways and very discretely. • Jenilee thanked Cindy, and then suggested that as we approach the next year we can create some new Task Groups that addresses some of these issues. 		<p>Potential Task Groups for New Year:</p> <ul style="list-style-type: none"> • Create a list of ASIST trained individuals from our teat • Recruit some youth voices • Task Group related to some of the community concerns Cindy voiced. • Task Group RE: primary care • Plan for Holiday Season for next year
Round Table Updates (time permitting)	<ul style="list-style-type: none"> • Reminder that as we approach the Christmas season, it is a difficult time of year. What can we do next year 		

	as we head into the Christmas season?		
--	---------------------------------------	--	--

Next meeting: January 29, 2020 from 0930-1130

Location: Wellkin Boardroom